

# After the Event

Processing and evaluating an event is crucial for the sustainability of a movement. While we labeled this as after the event, much of this can be prepped before an event and sent out or distributed as the final step after an event. Attendees can also look to this section to plan out their post-event plan. For example, participants might place a laundry basket for their clothes in a garage or car, if possible, as to make the post event recuperation easier. Remember that everyone has access needs regardless of disability identity and anticipating rest, recuperation, and relaxation should be a part of strategy!

## Check on your disabled audiences immediately after the event!

Did anyone lose access to mobility devices, medications, glasses, hearing aids?

Is the physical space preventing anyone from mobility? (e.g. damage or blockades to ramps)

Does everyone have access to transportation home/away from the event?

In the days following the event: Continue to check on your disabled allies!

- ◆ Flare-ups of many illnesses/injuries are common after stressful/high energy events. Your disabled comrades are likely attending to chronic pain, illness, and injury.
- ◆ Find out what they need.
  - Food? Touch? Ride to the doctor? Walk their dog?
  - Therapy resources? Processing support? Reassurance? Grounding?

## After the Event: for Event Planners & Organizers

Create after care practices

- ◆ Ensure that anyone who may have been triggered by the event has appropriate care before leaving them. Do not leave comrades in distress alone, ever.
- ◆ Make space to debrief the emotions of the actions, immediately and also on a continual basis. This should be a practice for all folks, not just disabled people. All spectrums of activism work are traumatizing! Take space to talk about not just tactics but how those tactics made you feel. How can we make this work safer and more sustainable? How can we build safety within our organizations?

Rest, recuperate, relax. See also suggestions for attendees, supports, & caregivers.

#### Evaluate

- ◆ Distribute an evaluation to collect feedback from attendees and even people who were unable to attend.

Ask them to evaluate barriers that they were able to overcome and barriers that they were not able to overcome.

Ask them to list what went well and what didn't.

Be sure to offer this evaluation in multiple formats to accommodate different styles and abilities of communication.

- ◆ Questions to ask collaborators:

What accommodations were we able to provide? What accommodations were we unable to provide?

Did people take advantage of our accommodations?

- ◆ Offer ways to give anonymous feedback.

Communicate with people who didn't show up or seemed to "drop the ball"

- ◆ If someone seems to have disappeared, stopped showing up to organizing meetings, or didn't show up to your event, don't assume they lost interest or are "bailing" on your organization. Check in to see if they're okay, what they're interest/ability is to continue organizing with you, and find out more about their pacing/access needs.

## After the Event: for Attendees, Supports, Caregivers, & Everyone

Wash clothes and wash body/hair if possible to reduce transmission of COVID-19.

Wash or dispose of masks properly.

Repair, replace, or crowd-source from mutual aid groups any supplies that need replaced.

Report to event organizers about access barriers so improvements can be made.

Rest, heal, take good care (we could write another whole guide just on this one!).